

A woman wearing a white polo shirt, a green visor, and dark riding pants is smiling as she rides a brown horse. She is holding the reins of another brown horse in front of her. They are in a lush green field with tall grass. The background is a soft-focus green landscape.

The Happy Horse Inventory

YOU AND YOUR HORSE
FEELING SAFE, SECURE & CONFIDENT
TOGETHER - STEP BY STEP!

PETRA CHRISTENSEN, CREATOR & FOUNDER OF
GENUINE CONNECTIONS HORSEWOMANSHIP



*Thank you
so much...*

for allowing me to share my world of
GENUINE CONNECTIONS HorseWomanShip
with you!

I am excited for you to discover the
life-changing possibilities of

The Happy Horse Inventory!

Get ready to reach for those dreams
you've had when you first bought your
horse. The *Happy Horse Inventory* will
open doors that previously stayed shut.

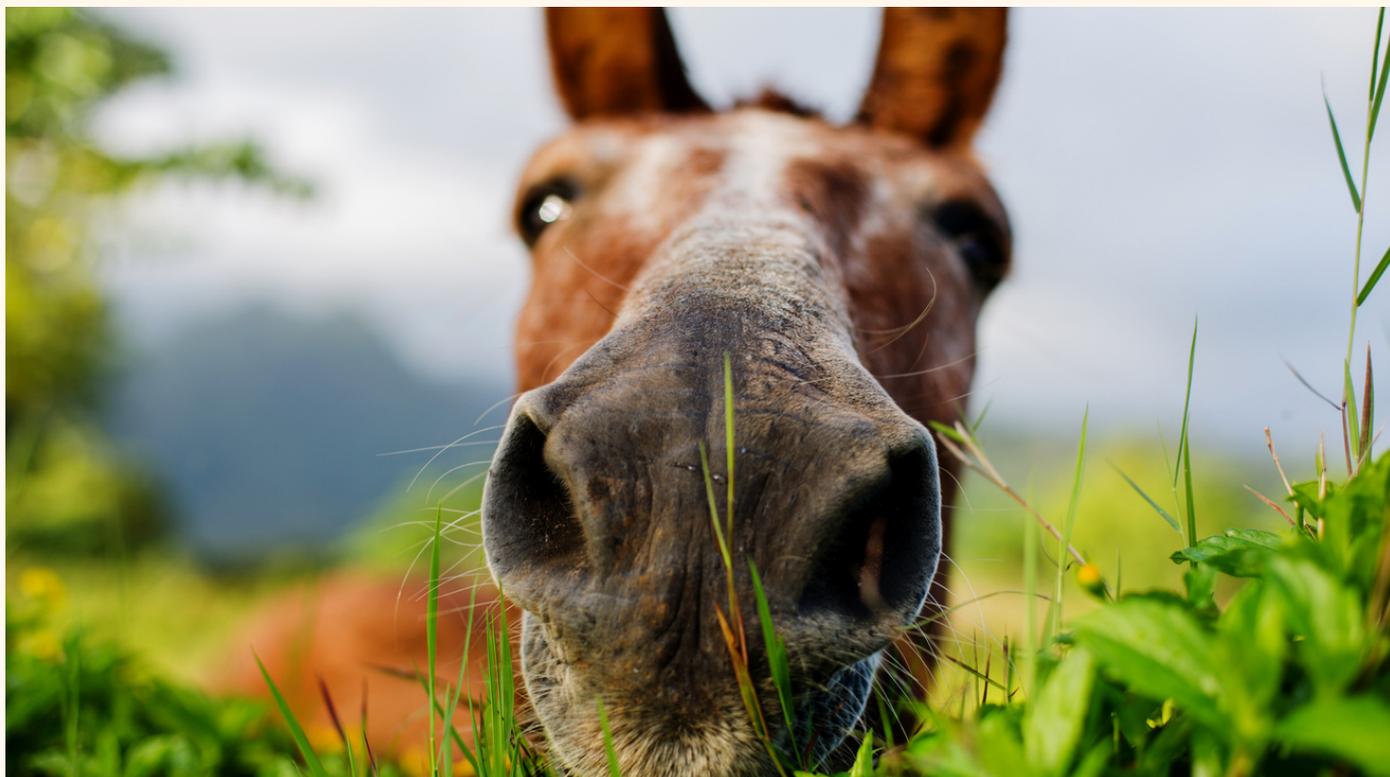
I am here to help and support you -
and your horse...

With lots of



because LOVE makes Everything better,
including our HorseManShip!

Yours, Petra



What's Wrong with Traditional Horse Training?!

About 20 years ago, I hit the ground with my face first and, when I opened my eyes, the fence post was right in front of me. In that moment my life changed when I realized: I could have been paralyzed, I could have died!

I had listened to my neighbor, a traditional horse trainer. She had all the fancy buckles & trophies, was older than I, and I thought: *"She must know better!"*

Yet, every fiber of my body told me: THIS is a BAD IDEA! Nevertheless, I got on my horse...

*I was told: "Don't be a Wheenie and let him get away with that!
Show him who's boss: Shorten those reins and MAKE him do it!"*

I was tense and tight - and so was my poor horse.

As soon as I was in the saddle,
he reared, bucked (the reaction of a desperate horse), and then sent me flying through the air!

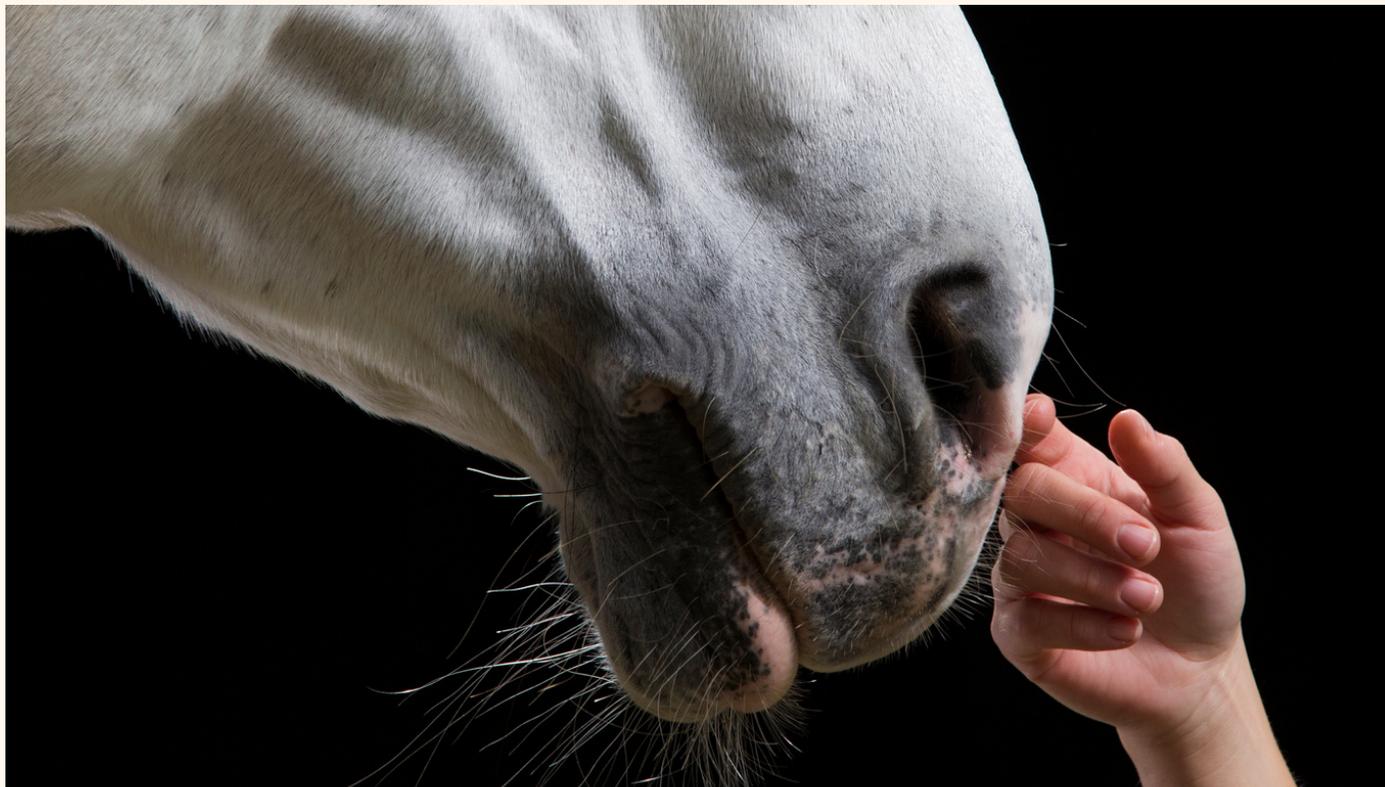
For years thereafter, I lived with brace, tension, worry, anxiety, stress and fear.
At one point, I thought: *Maybe it's better to give up horses altogether?!*

But then, I finally realized: What I've been told all along wasn't working for me - nor for my horses!

Traditional horse training is based on the communication of the dominant stallion and the idea that control, pressure and force provide safety - for the human. The result: The horse does NOT feel safe and therefore stays in a state of self preservation and self protection - still capable of reacting twice as fast as a highly trained human athlete.

Control and domination as a means to stay safe... is an ILLUSION. Quite the contrary, these training methods keep your horse in a state of mental, emotional and physical tension, making real, true, genuine Inter-Connection impossible, hindering progress and opening the door for scary experiences and even accidents.

And if you are a heart-centered human being: IT JUST DOESN'T FEEL GOOD!



So You Want Your Horse to Connect with You...

Connection is a buzzword nowadays, and I cannot help but be surprised what methods people are willing to use to create - what they call - 'connection'.

There are trainers who talk about connection... Yet they chase the horse's hindend around when she offers to nip the human while tightening the cinch. The horse desperately tries to make herself heard that she is in pain or scared... while the trainer sees a naughty, disrespectful horse that needs to be reprimanded.

The trainer who chases his horse in the round pen and then talks about joining up. Yet, the horse has no other choice to run or - choose the smaller evil - stand next to the human. The same human who is willing to apply pressure (scare the horse) so he can take it away when the horse gives in... Connection anyone?!

For me, CONNECTION is a two way lane: I offer connection, I listen, I see my horse, I value her feedback and I honor her feelings... **That's when the horse has no more reason to engage in self preservation and self protection!**

Quite the contrary, the horse HAPPILY chooses YOU as the LEAD, when we have proven that we have the wisdom and experience to create safety and security by making benevolent decisions for our Herd of 2!

In the wild, the dominant stallion drives the herd forward to protect the herd while supporting the LEADmare's decisions. BUT.... NO horse follows the dominant stallion!

And the LEADmare does NOT round up the herd, she does not drive the herd forward... she simply knows that all horses will FOLLOW her (including the dominant stallion) - without questioning her decisions.

She did not earn her position through fight and dominance, she was CHOSEN. The herd stallion keeps his position for 2-2.5 years until a younger, more dominant stallion will take his position. Yet the LEADmare is often an older horse, not in her best physical shape - but her age gives her the wisdom and experience to perform her job well.

Who would you like to be: The Dominant Stallion or the Wise LEADmare?



How the Happy Horse Inventory Can Help You

When students join my Membership and Mentorship Programs, something isn't working: Sometimes it's the human simply craving more connection with her horse but hitting a glass ceiling, sometimes the horse is seemingly stubborn and uncooperative, frustrating the humans with annoying behavior and many times it's as complicated as the horse bucking, rearing, striking, kicking, biting, bolting, spooking and more.

All students have one thing in common: The horse is in various levels of self preservation and self protection! And while it's important to know our horse's innate characteristics, both - the unconfident and the confident horse - can be unsure of us, due to how we show up and what training methods we use.

As prey animals, horses are super detail orientated...

Whether you are craving more connection or you need to fix a 'horse problem', we need to find out what those missing details are in order to create positive change - for you AND your horse!

By providing you with *The Happy Horse Inventory*,

I take the guesswork out so you can create - once & for all - that rock solid, unshakable bond with your horse.

I have developed the *Happy Horse Inventory* questionnaire focusing on 10 tasks so anybody can easily develop clarity and formulate an Action Plan to create Progress and Positive Change.

These 10 Tasks are EVERYDAY TASKS BECAUSE.... from the moment you approach, literally every step of the way, your horse builds an opinion of you!

In this eBook you will get started with the 6 ESSENTIAL TASKS. Each task builds on the next - and done with your horse in mind - they can create a 100% solid, unshakable bond BEFORE you even start with groundwork and think about riding.

The Happy Horse Inventory opens the door to refined communication based on intent, energy and body language - and your horse will love you for it!

While it might sound too good to be true, while you might think "this is too simple!", the HHI reveals the small, oh-so-important details that keep your horse in a state of mental, emotional and physical tension - those little, unknown details that brought you here, reading my eBook in the first place...

So let's find those pesky little details: Then it will be easy to create a step-by-step action plan that will help you and your horse find relaxation, the must-have ingredient for trust and willingness - and if you want me to be your personal connection and confidence mentor, I have an offer at the end of this eBook...

Trust and willingness lead to Inter-Connection. Both you AND your horse can feel safe so you CAN

Unlock those dreams you had when you first bought your horse!



Before You Get Started with the Art of Taking Inventory

Please know that taking this inventory will positively change the way you view horse training and will open the possibilities for amazing growth. You will be able to celebrate what's already working and you will have a clear understanding what's not working YET.

This little, three letter word is opens the door for Positive Change!

While the dominant horse trainer will blame the horse for things not working, the non-assertive horse owner will often blame herself. When we get stuck in the blame game we, cannot be the LEAD for our Herd of 2!

The LEAD will always keenly observe, assess what is working, what's not working yet and formulate her step-by-step plan, keeping her horse's feelings and feedback front and center.

Take this inventory with an open mind, excited for what's to come, allowing yourself to see the possibilities that didn't seem available before!

Become the detached detective to make the most of it: Your goal is to look at facts while not allowing any negative feelings (that might come up) to take over. This is how you will master the Art of Taking Inventory:

You Will Walk Away Having Gained Clarity and Focus - and Your Horse LOVES Clarity and Focus!

4 Key Elements You Must Evaluate (and Establish) to Create Real, True and Genuine Inter-Connection

Our horses evaluate who we are, what we do and how we do it, what we bring to the table....

The VERY MOMENT we approach our horse - while we humans think we start 'training' our horse in the arena or round pen.

In this VERY MOMENT your horse starts to evaluate how you will take care of his or her safety, security and confidence.

In that VERY MOMENT your horse **can either decide to relax and believe and trust in you - or whether to stay in self preservation and self protection**. But it doesn't end there, every moment you spend with your horse, your horse will reevaluate... and that's where the MAGIC of the HAPPY HORSE INVENTORY comes in, here is where you build the foundation to Real, True and Genuine Inter-Connection.

Take Inventory of...

1. Healthy Boundaries

Between you and your horse: Horses establish the herd hierarchy by having **SPACE CONVERSATIONS**. We heart-centered horse lovers often struggle with space conversations because we WANT our horse to be close to us while horses often - when they are close to us - OCCUPY space versus share space and therefore believe that we are NOT their LEAD.

Your personal space - at least as far as your arms can reach (and maybe even up to 20 or more feet if a horse bites, strikes, kicks, charges, threatens etc) - is **BY INVITATION ONLY!**

For your Self: As heart centered horse lover, we often struggle with confidence issues. Maybe you've already experienced a scary situation or even an accident. When we blow through our own mini and micro thresholds our brain will also go in survival mode. Addressing mini and micro thresholds such as having second thoughts about spending time with your horse... will be vital for you and your horse. Use re-treat and re-approach with all upcoming thresholds - just like you would with your horse. **Something as simple as walking to the barn and back to the house until you feel nothing (you are back in your confidence and comfort zone) is a power exercise!**

For Others: Well meaning friends and family, barn owners and riding buddies, so called experts and experts like your vet or farrier... it is vital for your horse to experience your belief system in all aspects of her life and for you to set boundaries accordingly. If we bring humans into our horse's life who do not believe in love, peace, understanding and the Principles of the LEADmare, our horse will notice the in-congruence, and her trust and belief in us, will be limited. After all, in-congruence creates nervous energy for ourselves - and therefore for our horse!

2. Mini and Micro Thresholds

In traditional and even Natural Horsemanship it is normal to NOT address mini and micro thresholds because logic says: 'Your horse is trying to get away with... Your horse is not wanting to work. You need to be the boss. Don't be a weannie, make your horse do it!' The solution; dominance, control and pressure focused training techniques and the horse stays in self-preservation and self-protection, making scary experiences and even accident 'normal'.

However, when we believe in heart-centered HorseWomanShip, we must know that our horse is trying to do SURVIVE. When we do things that our horse does not feel safe, secure and confident with, whether on the ground or under saddle, our horse will engage in self preservation and self protection.

So it is vital to not only address obvious thresholds such as biting, striking, kicking, charging, running off, spooking, arguing, balking, napping, not wanting to stand still)....

But also the MINI and MICRO THRESHOLDS (wrinkles around the nose and mouth area, the tongue pressed against the roof of the mouth, the nose pointed an inch away from you, the head going up a couple centimeters, a swish with the tail, a hard look, nibbling, nipping etc)

In my Masterclass and Mentorship Program I show you many strategies how to find and address thresholds. **The purpose of the Happy Horse Inventory is your first step: Awareness and Understanding why they happen in the first place!** I also address thresholds in the human, so for now pay attention to your heart rate, your breathing, any butterflies in your stomach etc. We address whatever threshold comes first, whether it's the human's or the horse's threshold. By the way, when you honor your horse's thresholds, you also accept & address your horse's initial boundaries (since boundaries go both ways).

3. Healthy Posture and Proper Bio-Mechanics

When we address and honor our boundaries and our and our horse's thresholds, we set our horse up for healthy posture and proper bio-mechanics the moment we approach. When you horse feels safe, secure and confident with you, you horse has chosen to forgo self preservation and self protection and can now fine relaxation, which means there is no brace, tension, worry, stress, anxiety or fear.

4. Yield and Follow a Feel

Most horse training programs talk about the horse yielding to pressure. In order to do so, they escalate the pressure until the horse complies. Pressure comes in many forms, physically, mentally and emotionally. It's the 'make' the horse do it, or 'cause' it to happen.

Whenever we are attached to the outcome, when we want things to happen, we lose connection with our horse, her feedback and her feelings. That's why I prefer the idea for my horse to follow and yield to a feel, never more than 100 grams or 3 oz.

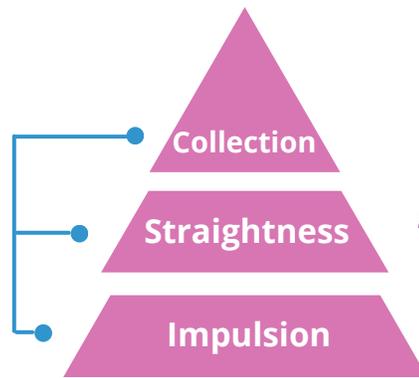
This means that your horse willingly follows a feel, whether it's the feel of the halter, the feel of your leg or hands -or your thoughts. We work with Intent, Energy and Body Language.

Horses - by nature - push into pressure. That's why horrible accidents happen and horses have broken their own neck when careless humans tied them without proper preparation - the horse did not KNOW that one step forward would have released the pressure they were fighting against!

Teach your horse to yield and follow a feel of no more than 100 gram or 3 oz!



*When you & your horse feel
safe, secure & confident,*



*it will be easy to work towards
the top of the pyramid!*

The Four Building Blocks of **GENUINE CONNECTIONS** **HORSE•WOMAN•SHIP**

**Safe, Secure
& Confident**

***When our Horse Feels Safe, Secure & Confident,
WE can Feel Safe, Secure, Confident -
It's THAT Simple!***

(Inter)-Connection

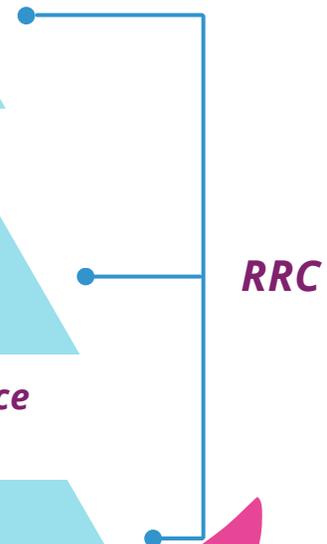
***Reciprocity (Give & Receive)
Between You and & Your Horse***

Relaxation

***Mental, Emotional and Physical Balance
for Human & Horse***

Rhythm

***Positive Patterns with EverydayTasks
through the Happy Horse Inventory***



Task #1: Approaching Your Horse

Which statement currently applies to you and your horse:

(enter the number 1-4 in the box at the bottom of this page)

1. My horse has a positive expression and is eager to see me. S/he will walk/run up to me on a regular basis - whether I carry a halter or not.

2. My horse does not always meet me at the gate, but allows me to approach her with no problem at all times.

3. My horse is unsure during the approach and has brace in her body

4. My horse runs away when I enter the paddock. I currently have a hard time 'catching' my horse.

Every moment you spend with your horse, from the very moment your horse notices you, s/he - being a prey animal - builds an opinion of you and decides whether to engage in self preservation and self protection - or not.

The way you hold yourself, how you honor your own personal space and your horse's personal space, whether you are present and mindful, respecting your horse's feedback and feelings (or not yet)...

Your horse makes a decision, often within a split second, whether you are indeed his or her LEADer - or not yet. Here lays the wonderful opportunity to make a real difference for your horse - and your Self!

BONUS TIP: Click below or scan to the right and immediately start to create more body awareness & relaxation in yourself with this free audio: bit.ly/bodyawarenessandrelaxationaudio



Task #2: Feeding Your Horse

Which statement currently applies to you and your horse:

(enter the number 1-4 in the box at the bottom of this page)

- 1. My horse has a positive attitude during feeding times and always respects my personal space*
- 2. I have to back up my horse when I bring food and/or treats but then she is ok*
- 3. My horse is somewhat protective of her food, pins his/her ears and/or invades my personal space when I am feeding/giving treats*
- 4. We are dealing with food aggression towards me and/or other horses. My horse is a cookie monster with the slogan "Hand over the food now and nobody gets hurt!"*

In the wild, the herd is spread out over a large area, moving and grazing together - as a unit. Here in Humansville, things are different. Resources are often limited (space, food). We often bring feed to our horses, and therefore our horses engage in 'space conversations' during feeding times.

Space conversations are used to establish each horse's position within the herd. The confident, dominant horse will claim and demand space, while the less confident and less dominant, more passive, non-assertive horse will easily give up space and move away. All horses honor the LEADmare's personal space... and she does not engage in any dominance games.

Setting clear boundaries during feeding times will be vital so your horse can see you as the LEADER in your Herd of 2 (or more). In order to avoid dominant space conversations (your horse might challenge your position, become defensive, offensive etc.) clearly define your personal space versus asking your horse to move away. This way, the conversation is about your personal space only - just like the LEADmare!

Task #3: Haltering Your Horse

Which statement currently applies to you and your horse:
(enter the number 1-4 in the box at the bottom of this page)

- 1. My horse willingly, with a positive attitude, lowers her/his head while maintaining a relaxed body posture and is a participating partner while I tie/buckle the halter*
- 2. My horse stands still but doesn't participating in the haltering process. Breathing and body posture is relaxed.*
- 3. My horse stands still but tends to put his/her head up or away, trying to avoid the halter, and is not necessarily relaxed*
- 4. I currently have a hard time/cannot halter my horse*

Being a prey animal, your horse is keenly aware of your motives and intentions.

In traditional horsemanship, the halter and lead rope are often used to control the horse, effectively taking away the animal's ability of flight.

Many horses associate poor experiences with the halter. Here lies your opportunity to release brace and tension that is otherwise transferred into our daily interactions with our horse.

The halter and lead rope can be used as a gentle communication tool, adding wholehearted clarity to your conversation. When you keenly observe your horse's feedback and feelings, ready to adjust your communication as necessary, your horse can feel safe and secure, heard and acknowledged at all times!



Task #4: Leading Your Horse

Which statement currently applies to you and your horse:

(enter the number 1-4 in the box at the bottom of this page)

- 1. My horse always - willingly and with relaxation - walks, trots and stops with me, while honoring my personal space. S/he is keeping a respectful distance, especially with his/her nose, neck and shoulder*
- 2. My horse walks, trots and stops with me but I sometimes have trouble handling my horse while leading i.e. lags behind or passes me*
- 3. My horse is mostly ok at the walk, trot can be difficult and she has a tendency to push into my personal space while leading*
- 4. I do not feel safe leading my horse*

Are you currently the LEADer when leading your horse?

It seems such a simple task to travel from point A to point B with our horse - yet many challenges can arise, right?

Each and every task of ***The Happy Horse Inventory*** builds on the next. Therefore, it is paramount that you solve each task before you proceed to the next! Otherwise you will be adding layers of brace, tension and resistance to your interaction and relationship with your horse - no fun and not safe!

Helping your horse to accept your personal space without invading it, while truly following you, adds another positive layer of inter-connection, relaxation and confidence between your horse and you.

Make sure you do not miss this opportunity!



Task #5: Picking Your Horse's Feet

Which statement currently applies to you and your horse:

(enter the number 1-4 in the box at the bottom of this page)

1. I can easily pick all 4 feet at liberty! My horse is a participating partner, does not lean on me and relents all 4 feet with relaxation and confidence, whether it is picking up, holding or setting the foot back down when and where I choose.

2. I can pick all 4 feet with a halter, lead rope and/or my horse being tied

3. My horse is not always willing to lift/lower his/her feet when I ask to do so

4. My horse fights with me over picking up his feet. Farrier visits are more and more frustrating for me as well as for my horse!

One of the most important tasks when it comes to assessing whether your horse is willingly and happily allowing you to be the LEADer in your Herd of 2 is... picking up feet!

When we ride, we, the human, need to be in charge of direction and speed in order to be safe. What makes us think that our horse will 100% relent her/his feet to us when we are in the saddle, when we struggle to do so on the ground?

Picking up feet is another vital part of my 'Get Ready to Ride Sequence & Safety Check' (Module 3 in the Relationship Restart Program) which is all about your horse's mental, emotional and physical ability to be balanced and relaxed. This task is a vital task that corresponds directly to your horse's 'rideability'!

Master this task with #1 (see above) before you get in the saddle...

Do not Under-Estimate the Power of Picking up Your Horse's Feet

Robert, a colleague of mine, took on a horse with a history of bucking for training. His assistant prepped the horse, came into the arena, mounted and was - very unceremoniously - bucked off. Robert asked: **Which foot did you struggle with when you picked his feet?**

"The left front!" his assistant replied.

"That's the foot the horse pushed himself off into the buck" Robert said.

Only when your horse relents his or her feet to you, happily and willingly, because s/he feels safe, secure and confident WITH YOU, will YOU be safe, secure and confident with your horse. Being with and riding horses should be like going to the mailbox. Can I stumble, fall and get hurt going to the mailbox? Of course I can... what are the chances?!

Accidents happen because your horse does NOT believe in you as her LEAD - and does not trust and confide in you - YET.

THE SEVEN STEPS TO SUCCESS:

1. **Your horse is accepting (not just tolerating) you in his/her personal space**
2. **Ask your horse to shift her weight over to the other side**
3. **Pick up foot**
4. **Handle foot**
5. **Spiral foot down (IMPORTANT!)**
6. **Rest foot on the tippy toe, even the front feet! (that means your horse's leg is 100% relaxed)**
7. **Make sure your horse waits in this position until you ask her to shift the weight back on this foot**

Here you can see my students Marilyn and Linda practicing the Picking up your Feet Sequence during one of my SoulFire Farm Retreats. (I only accept 2-4 students for my retreats to assure utmost personalized education).



Task #6: Grooming Your Horse

Which statement currently applies to you and your horse:

(enter the number 1-4 in the box at the bottom of this page)

1. I can groom my horse at liberty. I see grooming as more than just cleaning my horse. It's a bonding task and we enjoy it very much. My horse willingly allows me to touch every part of her/his body

2. I groom my horse with halter, lead rope and/or while being tied. S/he stands still and I can touch her everywhere

3. My horse has areas of her body that she does not want me to touch yet and/or my horse gets tense/stiff when I groom her

4. My horse does not enjoy our grooming sessions yet and is actively protesting

***Often, grooming is the mere task of cleaning our horse...
but it can be so much more!***

By nature, horses roll in the mud, dirt and sand to groom and protect themselves from the elements as well as insects. Our human desire to have a shiny, clean, well groomed horse is in direct contrast to that.

Using our grooming session first and foremost to help our horse feel good will put many positive deposits in your horse's emotional bank account. Make sure you observe your horse's feedback and feelings so you horse feels heard, understood and appreciated? Is your horse seen, heard and understood?

IMPORTANT: Please do not use crossties, they are designed to control and restraint the horse. They are not a relationship building tool!



*Start Your Journey Today -
Let go of Control, Pressure & Treat Based Training
to create Real, True & Genuine Inter-Connection:*



The need for control and the use of pressure focused training techniques **KEEPS** the horse in self preservation and self protection mode. Control, pressure and negative reinforcement creates scary experiences for horse **AND** human. Accidents are even explained as 'normal'...

Treat based training connects your horse to the treat... and not **YOU**.

But it Does NOT Have to be That Way!

When your horse believes in **YOU** as ther Gatekeeper of her Confidence ...

When you promise & deliver safety, security and confidence through your mindset as well as your actions, emulating the **LEAD**mare (not the dominant stallion), **BOTH**, you **AND** your horse **CAN** feel safe, secure and confident in each other's presence!

Everything becomes possible when you learn how to create **INTER-CONNECTION**...

**The 30 Day "GET STARTED with
INTER-CONNECTIONS" Course**

**is on SALE for a Limited Time... for Only \$197
with exclusive Bonuses and Savings of \$471!**





If I offered you and your horse the opportunity to

- Stop using control, pressure and treat based training strategies **in 10 days**
- (RE)Start your Relationship with your horse based on the Principles of the LEADmare and LOVE, PEACE & UNDERSTANDING **in 30 days**
- Eliminate Self-Preservation and Self-Protection in your horse AND yourself
- Create real, true and GENUINE INTER-CONNECTION between you & your horse so you BOTH can feel safe, secure and confident TOGETHER...

Would you take me up on this offer?



Visit www.confidence-for-horse-and-human.com

for all the details and to secure your spot. On sale for \$197.

Spots are limited, so grab yours now!

Yours, Petra



What my Students Say About my Program:

[Tracy H. on "Lesson #5: Repetition is the Mother of Skill plus Q&A"](#)

So many aha moments from the last 5 days!
I've come to the realization that big events in my childhood have really formed the way I act in my adulthood, which is hugely being reflected in my relationship with my horse. Also, I definitely suffer from MSU!!!



[Jo Mcghie on "Lesson #1: The LEADmare Principles"](#)

Omg I loved this, so full of wisdom and gold, thank you Petra. Such great resources, thank you. Xx
After listening to this I can see how my mindset is influencing my confidence, belief in myself as well as my belief that I am actually enough for my horse.

Brenda Wuethrich

Beautiful photo Adele and welcome!!! So glad you're here! This group is the BEST and Petra has made it all possible! 🐾❤️😊

Care Reply 10h



Linda Racette Hill

I've had horses for over 50 years and with your program my heart explodes when I see my relationship with my horses bloom before my eyes. ❤️

3h Care Reply

2 🙌😊



Lucy Matilda

Petra Christensen yes, this program is the pink diamond in hay stack! Unique, one of a kind and WILL work 100% if the steps are followed!

[Liz Evans on "Lesson #2: Boundaries"](#)

Lots of "ah ha" moments in the video with the dominant Arab (huge gratitude to the woman for allowing it to be used for us to learn). Especially the curling around her. I definitely know what that feels like!



[kmwichterman on "Lesson #1: The LEADmare Principles"](#)

THANK YOU for persevering with me. I love your style of teaching. ❤️😊



Marilyn Morrison Aho

Thank you so much!! This inventory is fantastic & a real eye-opener. Even the things that seem so insignificant really are important indicators of the kind of partnership we have with our horses.



Kathleen Wichterman

THREE KEY ELEMENTS to Genuine Connection that your horse needs from you:

- 1) Boundaries
- 2) Thresholds
- 3) Relaxation

In just two weeks of being in Petra's 30-day Restart INTERCONNECTION course I've learned so much, and had little, progressive successes in MY relaxation, which is helping with my horse's relaxation, and therefore he is building trust and faith in me.

Love this community, and your methods, Petra! Thanks AGAIN! ❤️

5m Care Reply Message Hide 1 🙌



Marilyn Magoffin

As a mentorship student I have to say what I learned about from connection from Petra has helped me tremendously! She cares deeply about you and our horse. Her coaching is amazing just by watching a video of you and your horse. She sees things that you don't even notice. I can't recommend her highly enough!

Like Reply Hide Send Message 1d



Tarja Toivonen

On the surface, many of the things that you share, Petra, are things that I have heard before, but never understood fully the depth of them. The way you are formulating the narrative and questions make me re-think the whole premise and basis of what I'm doing. It is the "next level" of communications.

Safe, Secure & Confident Workbook with the 6 Essential Happy Horse Inventory Tasks

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I am Here to Help & Support YOU AND YOUR HORSE!

Not sure what the next best decision for you and your horse is?

Horses LOVE clarity! Chat with me to gain clarity:

Email me at magic@petrachristensen.com!

